

## Important notes

- It is important that you follow these notes to ensure that your test results are accurate.
- Fast for at least 8 hours. Kindly refrain from consuming food the night before your appointment. Sips of plain water is permissible, if thirsty.
- Postpone your morning routine medication (except anti-hypertensive drugs), unless advised by physician, until your blood sample is taken.
- For ladies – pap smear and urine tests should be done 7 days after the last day of your menstruation. Those going for mammogram are advised to avoid using deodorant or powder as it may interfere with the quality of mammogram.

## Things to bring

- Comfortable attire and shoes for your Cardiac Stress Test (Treadmill).
- Previous medical records, if any, from your last check-up for comparison.
- Glasses for your vision test.



# HEALTH SCREENING CENTRE



All information is correct at the time of printing and subject to change without prior notice. May 2021

## Operating Hours

Monday - Friday : 7:30am - 4:30pm  
Saturday : 7:30am - 11:30am

**Mahkota Medical Centre Sdn. Bhd.** (200619-H)  
**(Health Screening Centre, Level 5)**

No. 3, Mahkota Melaka, Jalan Merdeka, 75000 Melaka.  
Tel: +606 285 2802 / +606 286 2590 Fax: +606 288 2271  
Email: healthscreening@mahkotamedical.com

[www.mahkotamedical.com](http://www.mahkotamedical.com)

Hands That Treat  
Hearts That Heal

# WELLNESS EVALUATIONS

		PREMIER			WELLNESS			BASIC	
		Woman		Man	Woman			Man	Woman / Man
		Gold RM 2,098	Silver RM 2,063	RM 1,788	Gold RM 998	Silver RM 963	Normal RM 888	RM 868	RM 498
<b>DETAILED PRE-EXAMINATION MEDICAL CONSULTATION &amp; REVIEW</b>									
Personal and Family Medical History Review		●	●	●	●	●	●	●	●
<b>BODY COMPOSITION ANALYSIS</b>									
Body Mass Index (BMI)		●	●	●	●	●	●	●	●
<b>COMPLETE PHYSICAL EXAMINATION</b>									
Abdomen, Breast, Cardiovascular, Ear Nose Throat, Nervous System, Oral Cavity, Respiratory, Thyroid, Visual Acuity		●	●	●	●	●	●	●	●
<b>EYE EXAMINATION</b>									
Fundus Photography		●	●	●					
Tonometry		●	●	●	●	●	●	●	●
<b>HEARING EXAMINATION</b>									
Audiogram		●	●	●	●	●	●	●	●
<b>PULMONARY EXAMINATION</b>									
Lung Function Test (Spirometry)		●	●	●	●	●	●	●	●
<b>DENTAL EXAMINATION</b>									
Dental Check-up		●	●	●					
<b>COMPREHENSIVE BLOOD INVESTIGATION</b>									
<b>Full Blood Count</b>	RBC, WBC with Differential Count, Haemoglobin, HCT/PCV, MCV, MCH, MCHC, Platelet Count, RDW	●	●	●	●	●	●	●	●
<b>Lipid (Fat) Profile</b>	Cholesterol, Triglycerides, HDL Cholesterol, Cholesterol/HDL Cholesterol, LDL Cholesterol	●	●	●	●	●	●	●	●
<b>Bone &amp; Joint Profile</b>	Uric Acid, Calcium, Phosphate	●	●	●	●	●	●	●	●
<b>Diabetes Screen</b>	HbA1c	●	●	●	●	●	●	●	●
<b>Endocrine Profile</b>	Fasting Glucose, Free Thyroxine (FT4), TSH, T3	●	●	●	●	●	●	●	●
<b>Liver &amp; Biliary Profile</b>	Total Protein, Albumin, Globulin, AG Ratio, Total Bilirubin, ALT, AST, ALP, Gamma-GT	●	●	●	●	●	●	●	●
<b>Renal (Kidney) Profile</b>	Uric Acid, Creatinine, Urea, Chloride, Potassium, Sodium	●	●	●	●	●	●	●	●
<b>Hepatitis Screen</b>	Hepatitis B Surface Antibody (Anti-HBs), Hepatitis B Surface Antigen (HBsAg)	●	●	●	●	●	●	●	●
<b>Sexually Transmitted Diseases (STD)</b>	Anti-HIV 1, 2 Screen	●	●	●	●	●	●	●	
<b>Tumour Marker Studies</b>	Prostate Surface Antigen (PSA) - Prostate (Male)			●				●	
<b>ABO Group &amp; Rh-D Type, Erythrocyte Sedimentation Rate (ESR)</b>		●	●	●	●	●	●	●	●
<b>URINALYSIS</b>									
Urine FE and Microscopic Examination		●	●	●	●	●	●	●	●
<b>GYNAECOLOGICAL EXAMINATION</b>									
Pap Smear		●	●		●	●	●		
Breast Ultrasound (Aged ≤ 39 years old)		●	●		●	●	●		
Mammogram - Analog (Aged ≥ 40 years old)			●			●			
Mammogram - Digital (Aged ≥ 40 years old)		●			●				
<b>RADIOLOGY EXAMINATION</b>									
Chest X-Ray		●	●	●	●	●	●	●	●
Full Abdomen Ultrasound		●	●	●	●	●	●		
64 CT Coronary Calcium Score		●	●	●					
Dual Energy X-ray Absorptiometry (Bone DEXA)		●	●						
<b>CARDIAC EXAMINATION</b>									
Electrocardiogram (ECG)		●	●	●	●	●	●	●	●
Cardiac Stress Test (Treadmill ECG)		●	●	●				●	
<b>DETAILED POST-EXAMINATION</b>									
<b>Dietitian Consultation</b>	Post Examination Dietetics and Nutritional Recommendations	●	●	●	●	●	●	●	
<b>Medical Consultation &amp; Report</b>	Post Examination Lifestyle Recommendations	●	●	●	●	●	●	●	●
	Personalised Medical Report	●	●	●	●	●	●	●	●